

CAREER COURIER

11.2008 | A PUBLICATION OF ATA CAREER EDUCATION



PRESIDENT'S PEN



Hopefully you've noticed the enhancements to our newsletter. It's our goal to provide you with valuable and timely information you can use during your time with us here at ATA.

This issue we're focusing on the all-important financial crunch many are feeling these days. Did you know our financial aid team here at ATA is made up of experts in money management and planning and are willing, ready and able to help you? I encourage you to take a moment to read the advice and simple personal finance tips inside and take advantage of the resources you have here as our student.

Enjoy the season and take it easy on the turkey.

Have a great session,

Don Jones
ATA President



www.ata.edu

PROGRAM SPOTLIGHT

Limited Medical Radiographer



Have you heard about ATA's Diploma Limited Medical Radiographer program? Launched in February of 2008 with a state-of-the-art lab the LMR program provides authentic hands-on experience and prepares students for a career as an x-ray technician.

Employment of medical radiographers is expected to increase by about 15 percent in the next 8 years, faster than the average for all occupations.

ATA's LMR program is approved by the Cabinet for Health and Family Services Department for Public Health. Program graduates are eligible to take the Kentucky Limited Radiography examination administered by the American Registry of Radiologic Technologists (AART). Students also receive preparation for the State Licensure Certification Exam.

In just 10-months, students will be ready to pursue their new careers or transfer credits to ATA's Occupational Associates Degree Medical Professional program.

Our focus is you and the professional path you need to start your new career quickly. We like to see our students grow every step of the way!



SARAH HEMMING
LMR Program Director

PROGRAM HIGHLIGHTS:

10-month fast track program.
New, state-of-the-art lab.
260 hours of offsite clinical experience.

Some credits can transfer to ATA's Occupational Associates Degree Medical Professional program.

INTERESTED?

If you need more information about Limited Medical Radiography or know someone interested in the field call 371-8330 x262

Need to Know

Scrubs Central

ATA Students receive 20% off at two area Scrubs Central locations:

20%
OFF

4600 Shelbyville Rd., Louisville, KY
897-3626

:: Next to Circuit City

3127 Blackiston Mill Rd., New Albany, IN
941-7278

:: Corner of Charlestown & Blackiston
Mill Rd. 1/2 mile south of I-265.

Referral Program

Refer a friend to ATA and you could win a \$25 gas card. See admissions reps for more details!

Class Attendance

Please remember that you are expected to attend every class for which you are scheduled. If you accumulate absences totaling more than 20% of the scheduled class meetings, you will be removed from the class. If for any reason you are unable to attend, please call **Brittany @ 371.8330 x365**.

UPS Delivers Education



For more information about our tuition reimbursement partnership with UPS, please call UPS Jobline at 502-359-1877 or visit www.upsjobs.com.

Resource Room

A Resource Room for students is located in room E309 on the east campus. Please feel free to do homework, research or use the computers in that space anytime during school hours.

RideShare

There are forms available on the bulletin boards in the break rooms of both campuses if you are interested in rideshare with fellow students.

For more information, contact
Front Desk @ 371.8330 x0

Free Computer Workshop

ATA offers free computer workshops every Wednesday at 1:00pm and 4:00pm.

Topics include: Internet research, Microsoft Excel, PowerPoint and troubleshooting.

Questions? **Contact Brittany @ 371-8330 ext. 365.**

Free Tutoring

Need some help with coursework? We understand everyone needs a little help sometimes, so we offer free tutoring.

Contact Brittany @ 371.8330 x365

NEED SOME FINANCIAL PEACE?



Rich Autore and team offer great advice for keeping more green in your pocket

Whether in an economic crisis or not, there are simple adjustments you can make in your spending/saving habits that will have a serious impact on your wallet and peace of mind. After a recent sit-down with ATA's Financial Aid Director, Rich Autore revealed important, everyday money management advice for ATA students, faculty & staff.

1. If your employer/future employer offers a 401K plan, take the maximum that the company will match. Your 401K is your future. Never borrow against it.
2. List all of your bills, how much you owe and when they are due. Ask creditors to change due dates if necessary to avoid paying late fees.
3. Pay yourself first. Open a savings account, even if you have only a small amount. Eventually, you should have at least two months of expenses saved.
4. Have your paychecks direct-deposited into your account with an allotted amount directly deposited into a savings account.
5. Pay your bills on payday.
6. Use cash instead of your debit card so you can feel the pain of the purchase.
7. Consider using Dave Ramsey's envelope system to keep other expenses like groceries and entertainment on-budget. Once the envelope is empty, you're done spending in that category.
8. Ask yourself before each purchase: Do I want this or do I need this?
9. If you struggle with bad credit, you can clear it up, but it will take time & discipline.
10. Never lease a car. Buy a nice used car that you can afford.
11. If you must use a credit card, only charge what you can payoff at the end of the month.
12. Never consolidate credit.
13. Vending machines are so last year. Bring healthier (cheaper) snacks from home (see Healthy Backpack Snacks).
14. Fix your own meals. Eating out is a major drain on the pocketbook.
15. Don't buy water. Invest in a nice filtered reusable container and make a difference both financially and environmentally.
16. Carpool/Rideshare! Offset the cost of gas by finding someone in your area to carpool with. You might even enjoy the company. There are forms available on the breakroom bulletin boards of both campuses.

These adjustments take discipline and careful planning. But the rewards are many -- you'll feel great about taking charge of your money and you'll find that you have more of it because these are proven tactics.

Need help with financial planning?

Rich Autore offers one-on-one help by appointment and he also conducts free personal finance workshops at ATA on the first Monday and Tuesday of every month at 1:00pm and 4:00pm. Invaluable information you'll use for the rest of your life -- free.

For more information or to schedule an appointment, contact **Rich Autore at 371-8330 ext. 339** or rautore@ata.edu.

ATA TIPS | Financial facts to consider

1. Credit cards are meant to make my life easier by allowing me to buy now, pay later, right?

WRONG. If you can't pay cash for it today, don't buy it.

The national average on credit cards is \$3000. Most consumers have at least one maxed-out credit card.

Consider this: If you purchase a \$2000 computer and pay \$40/month, it will take 9 years to pay for it. Interest alone cost \$1900, so you just paid double for your computer.

Or if you see a pair of shoes ON SALE for 25% off and use your credit card, paying the

minimum payment - you just paid more for the shoes than their regular price.

2. How much can I actually save if I'm living paycheck-to-paycheck already?

An average lunch costs \$7.35, which can add up to about \$2000 a year. Multiply that by 2 if your spouse buys lunch. It costs a fraction of this to pack your lunch and most times your lunch from home will be healthier.

Snacks in our vending machines here at ATA cost an average of 50 cents. CheezIts, for example, can be purchased for just 25 cents if you buy the 36-pack at WalMart.

ATA TIPS | Healthy Backpack Snacks


Items to pop into a zipper bag:

- :: Popcorn
- :: Pretzels
- :: Mixed nuts, unsalted almonds are best
- :: Cereal (low sugar)
- :: Baked or reduced fat chips
- :: Cereal/Granola bar
- :: Wheat Thins & string cheese
- :: Raisin mini boxes
- :: Animal Crackers
- :: Graham Crackers
- :: Apples
- :: Fruit snacks
- :: Trail mix




Horoscopes


Aries (March 21-April 19)

 You can try to plan ahead in life, but you can't always succeed. Stay flexible.


Libra (September 23-October 22)

 Romance will be a major player in your life, whether you are single or not.


Taurus (April 20-May 20)

 Give people the benefit of the doubt to decrease the amount of stress in your day.


Scorpio (October 23-November 21)

 Put your household on the top of your priority list -- create more harmony at home.


Gemini (May 21-June 21)

 Today offers you a chance to radically change your social plans -- in a good way.


Sagittarius (November 22-December 21)

 Powerful energy is centered around communication -- conversations will be good.


Cancer (June 22-July 22)

 Try to accept things the way they are right now -- learn how to be more flexible.


Capricorn (December 22-January 19)

 This might not be the right time for being tight with your money -- spend smartly.


Leo (July 23-August 22)

 Start flexing your muscles and using your power -- you must get used to using it!


Aquarius (January 20-February 18)

 You know how you can make today a great day? By getting involved with people.

Virgo (August 23-September 22)

 A friend has to open-minded enough to choose to be happy. You can't force them.

Pisces (February 19-March 20)

 The decisions you make today are going to affect others. Be prepared for conflicts.



Academic Affairs

Cindy Landry
371-8330 ext. 363
clandry@ata.edu

Student Services

Brittany Becht
371-8330 ext. 365
bbecht@ata.edu

Career Services

Mabel Sebastian
371-8330 ext. 353
msebastian@ata.edu

Katie Bechtold
371-8330 ext. 381
kbechtold@ata.edu

Admissions

Heather Brown
371-8330 ext. 362
hbrown@ata.edu

Registrar

Regina Thoman
371-8330 ext. 375
rthoman@ata.edu

Financial Aid

Richard Autore
371-8330 ext. 339
rautore@ata.edu

Pam Rudd
371-8330 ext. 374
showard@ata.edu

NEED ASSISTANCE FROM CAREER SERVICES?



Schedule a one-on-one interview with Mabel Sebastian in the last quarter of school.

Dress professionally and bring in a copy of your resume. The Career Service Office will conduct a mock interview and talk with you about your career goals. It's never too early to start working with Career Services at ATA. Even if you're a new student, schedule your appointment today!

371-8330 x353

Practical Nursing, Limited Medical Radiography, Medical Assisting, Dental Assisting, Medical Coding, Medical Office Assisting, Network Professional

502.371.8330 or online ata.edu

**NEW CLASSES START
January 5**

PRESIDENT'S & HONORS LISTS

Congratulations to the following full-time students who achieved honors from the quarter finished in October.

PRESIDENT'S LIST

Marla Abell	Karen Dobbs	Deandra Kirk	Crystal Palmer	Tiffany Smith
Lawrence Baker	Teri Dorsey	Ann Knight	Jessica Peers	Diane Southard
Laura Barton	Kacie Dzwir	Christina Lewis	Jill Popp	Kimberly Stayton
Elizabeth Bobo	Teresa Ford	Robin Lloyd	Jennifer Powell	Jasper Stewart
Tammy Boling	Kimberly Fuchs	Heather Matheny	Stephanie Pulido	Leslie Suchsland
Molly Brady	Teresa Gilfillan	Sarah Meade-Gish	Crystal Pullen	Cristy Tackett
Tamara Brock	Sara Good	Theresa Metzinger	Rebecca Quiram	Kim Thurman
David Brown	Crystal Guynes	Brittany Miles	Shannon Rice	Sunshine Tuell
Marion Carr	Kristina Helton	Shannon Moore	Bonnie Roll	Kelly Wheatley
Joyce Casey	Tina Helton	Angela Mudd	LaTisha Roseman	Hillary Whitworth
Tara Clark	Whitney Hill	Cassandra Natale	Susan Sedlaczek	Tamera Wills
Judy Collins	Ja'Licia Johnson	Julie Orduno	Timothy Shackelford	
Toni Curtsinger	Misty Jones	Lynne Owens	Cherie Smith	
Kendall Dean	Troy Key	Emily Padron	Margaret Smith	

HONORS LIST

Becky Basham	Jessica Echsner	Jessica Kessler	Angela Mudd	Melanie Smith
Leslie Berry	Lasha Fowler	Sarah Kayrouz	Tiffany Poe	Dana Weedman
Catherine Bruner	Mattie Gordin	Brenda Mack	Meagan Pollett	Antoinett Wilson
Brittani Coe	Joseph Habich	Stephanie Middleton	Kimberly Riggs	Laura Woolston
Ashley Dickman	Angela Harris	Beth Mills	Teri Robinson	
Hana Dizdar	Ashley Jagers	Crystal Moore	Jennifer Smith	

ATA LISTENS

Have a comment, concern or compliment about ATA you want heard? We want to hear it. Use the space below to tell us what we're doing right and what we can do better. Just drop it by the reception desk.*

*Please note this is not meant for feedback about specific instructors. Comments should address general ATA issues.

COMMENTS

CHANGE OF CONTACT INFO?

NAME

NEW PHONE

NEW ADDRESS

NEW EMAIL